

Women's Health Hubs

August Update



Highley Women's Health Hub



0-5 YEARS DROP-IN CLINIC - HIGHLEY

TUESDAY 23rd JULY 1:30 - 4pm
Severn Centre, Highley, WV16 6HG
(Community/Family Hub)

Come along to our drop-in clinic for health advice, information and support for you and your baby/child. No appointment needed.

- EMOTIONAL HEALTH & WELLBEING
- GROWTH/WEIGHT REVIEW & HEALTH ADVICE
- INFANT FEEDING & WEANING SUPPORT
- DEVELOPMENT, BEHAVIOUR & SLEEP SUPPORT




Shropshire Community Health
NHS Trust

Call: 0333 3583654

Text: 07520 635212

Let's talk about menopause...



Wednesday 31st July | 7PM
Highley Library, Severn Centre

WHAT IS MENOPAUSE?

Join us to discuss menopause with a female GP: what to expect, the symptoms, possible treatments, group discussions, a question and answer session and more.

OpenClinic[®]



Find out more about local health services at

Severn Centre Highley, WV16 6HG

1.30 – 4.00

Tuesday 23rd July



C-Card and free condoms



STI testing and treatment



Contraception



Information and advice

openclinic.org.uk

[Open Clinic NHS](#)

[@OpenClinicNHS](#)

[@openclinicnhs](#)

Highley Womens Health Hub



What topics would be helpful for next time?

Teenage mental health

👍 0 🗨️ 0



Mental health

👍 0 🗨️ 0



Dementia

👍 0 🗨️ 0



Menopausal mental health, how to dodge cancer, holistic mental health, support for carers.



Nutrition

👍 0 🗨️ 0



All covered

👍 0 🗨️ 0



IBS

👍 0 🗨️ 0



Unsure

👍 0 🗨️ 0



Have you found this talk helpful?

Yes 100%

No 0%

Did the talk cover the topics you expected?

Yes 100%

No 0%

What one thing you will take away from this talk?

The different options of HRT available & speaking at the end, that I need to make myself a GP appointment

👍 0 🗨️ 0



Risks

👍 0 🗨️ 0



Useful websites..and information on medication

👍 0 🗨️ 0



I didn't realise you are more fertile whilst on hrt

👍 0 🗨️ 0



So much information! Absolutely brilliant! 🙌 thank you to all involved

👍 0 🗨️ 0



I know who to refer my Cleobury patients to

👍 0 🗨️ 0



Very helpful, and informative for someone who suffers migraines

👍 0 🗨️ 0



Benefits of HRT

👍 0 🗨️ 0



Other activity – Sexual Health & FNP Partnership Working



- Sexual Health Services providing updates to FNP on contraception and sexually transmitted infections. We had a great interactive morning discussing case studies and sharing best practice together.
- We are formulating a FNP antenatal sexual health pathway and looking at a direct phone line being available to a sexual health nurse for our young people who need more timely information regarding their sexual health.
- Our aim is to forge strong links so that FNP clients in Shrewsbury can access the sexual health service at Severn Fields more easily and all FNP clients will have access to information regarding contraception and every opportunity to access LARC.

Key Highlights & other activity

- NHSE return for 31/7 completed demonstrating core specification activity with a developing approach to creating clear signposting and pathways as well as a stepped approach to menopause support and treatment.
- Approval to move forward with PCN funding allocation to support collaborative working towards the development of Womens Health Hubs. EOI will be sent out week ending 7/9.
- Ongoing engagement & collaboration with Telford & Wrekin most notably
 - Family Hubs – connections to GP Practices (Donnington, Dawley & Woodside)
 - Public Health commissioned services, Sexual Health & PHNS collaborative working
 - Teenage Conception Steering Group
 - FASD Task & Finish Group
 - Perinatal Mental Health
- Training plan shared for review & prioritisation
 - Womens Health Training Co-ordinator Post ECF completed and awaiting approval

Key Highlights & other activity

- Shrewsbury PCN Cancer Care Coordinator delivering monthly information & guidance drop-in sessions in collaboration with Health Visitor Open Access Clinics & Early Help Family Information Drop in at Sunflower House, Shrewsbury commencing on Tuesday 20th August.
 - Exploring the possibility of cervical screening clinics at the Shrewsbury Community & Family Hubs
- Multi organisation meeting set up with SATH, ShropCom, South West PCN, MPFT Sexual Health Services, Targeted Early Help & Public Health to explore development and collaboration opportunities specific to Womens Health for South West Shropshire – Thursday 26th September.
- Public Health School Nursing exploring improving pathways for emergency contraception with Sexual Health Services building on work with FNP.
- Developing plans for menopause awareness month in October including working with libraries across STW to support information sessions and a spotlight on resources.
- Discussions in relation to support for migrant and refugee women & girls living in STW with Shropshire Supports Refugees and Shropshire Community Health Trust – exploring the opportunity to run a series of education sharing sessions delivered by women to health care professionals focusing on culture and health beliefs.

Key Programme Enablers

- Shropshire Telford & Wrekin System Steering Group
 - Clinical Design Forum
 - ICB Training Hub
 - Alignment of key program activities with system transformation programs including.
 - LMNS
 - Cancer – Cervical Screening, PMD
 - Extended Community Pharmacy Pathfinder
 - Shropshire – development of Community & Children’s Hubs
 - Telford & Wrekin – development of Family & Children’s Hubs
 - Collaboration with existing commissioned and noncommissioned providers including but not limited to
 - Sexual Health Services
 - Public Health Nursing Services
 - Drug & Alcohol Services
 - Local population health data, focus on inequalities
 - NHSE Midlands
 - Womens Health Champion National Network
- 